

The Art Of Raising Parents

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The Tibetan Art of Parenting Anne Maiden Brown 2008-12-02 Steeped in the Buddhist traditions of wisdom, compassion, and the interconnectedness of all things, Tibetan childrearing practices are a refreshing new way to prepare for and raise children. This book provides a practical introduction to these practices and an integrated system of childcare that incorporates body, emotions, mind, spirit, relationships, and environment. Authors Anne Hubbell Maiden and Edie Farwell cover all aspects of traditional Tibetan parenting from conception onwards, both exploring ancient techniques and reinterpreting them for a modern audience. Far more than just a parenting guide, the book is a fascinating look into an intimate and revered part of Tibetan culture. It makes a welcome addition to the library of newlyweds, expectant parents, and parents with children of all ages who are interested in a practical approach to parenthood that recognizes community and everyone's responsibility to both self and planet.

Raising America Ann Hulbert 2011-01-26 Since the beginning of the twentieth century, millions of anxious parents have turned to child-rearing manuals for reassurance. Instead, however, they have often found yet more cause for worry. In this rich social history, Ann Hulbert analyzes one hundred years of shifting trends in advice and discovers an ongoing battle between two main approaches: a "child-centered" focus on warmly encouraging development versus a sterner "parent-centered" emphasis on instilling discipline. She examines how pediatrics, psychology, and neuroscience have fueled the debates but failed to offer definitive answers. And she delves into the highly relevant and often turbulent personal lives of the popular advice-givers, from L. Emmett Holt and Arnold Gesell to Bruno Bettelheim and Benjamin Spock to the prominent (and ever conflicting) experts of today.

Magical Parent Magical Child Michael Mendizza 2004-05-10 This parenting guide presents seven principles for guiding and teaching children in today's turbulent learning environment. It replaces traditional adult-child formulas, rewards, and punishments with playful interaction, creative intelligence, and insight. With the goal of raising happy, healthy, intelligent young people, the book adopts proven strategies that allow top athletes and others to perform at high levels, called variously "zone," "flow," and "play." Using these concepts, parents and other caregivers will learn how to create and maintain "Optimum Learning Relationships" with children of any age.

The Danish Way of Parenting Jessica Joelle Alexander 2016-06-29 International bestseller As seen in The Wall Street Journal--from free play to cozy together time, discover the parenting secrets of the happiest people in the world What makes Denmark the happiest country in the world--and how do Danish parents raise happy, confident, successful kids, year after year? This upbeat and practical book presents six essential principles, which spell out P-A-R-E-N-T: Play is essential for development and well-being. Authenticity fosters trust and an "inner compass." Reframing helps kids cope with setbacks and look on the bright side. Empathy allows us to act with kindness toward others. No ultimatums means no power struggles, lines in the sand, or resentment. Togetherness is a way to celebrate family time, on special occasions and every day. The Danes call this hygge--and it's a fun, cozy way to foster closeness. Preparing meals together, playing favorite games, and sharing other family traditions are all hygge. (Cell phones, bickering, and complaining are not!) With illuminating examples and simple yet powerful advice, The Danish Way of Parenting will help parents from all walks of life raise the happiest, most well-adjusted kids in the world.

The Spiritual Art of Raising Children with Disabilities Kathleen Deyer Bolduc 2014 Author Kathleen Deyer Bolduc knows these feelings of helplessness from experience. She and her son navigated through his childhood and now approach yet another new life phase -- adulthood -- and all that entails. In The Spiritual Art of Raising Children with Disabilities, Bolduc uses the metaphor of the mosaic to life as parents of children with disabilities. How do you rearrange the fragmented and chaotic pieces of your family into a perfectly whole and beautiful work of art? Readers are walked through the process using the spiritual disciplines to help you recognize God's presence in your life and regain the balance we all need. In this book, writer, parent, and spiritual director Kathleen Deyer Bolduc -- with honesty and humor, wisdom and wit -- invites the caregivers of children with disabilities to steep themselves in Scripture and self-reflection.

Happy Families Tim Harding 2008-11-25 This highly topical and relevant book for parents will help with raising not only life long learners, but children with long and happy learned lives.

The Art of Raising Parents George D. Durrant 1977-01-01 Explains the use of "parent psychology" in improving family relations.

Hunt, Gather, Parent Michaela Douclev 2022-03-08 An NPR Science Desk correspondent challenges the misleading child-rearing practices commonly recommended to parents, outlining alternatives grounded in international ancestral traditions that are being used effectively throughout the modern world. In *Hunt, Gather, Parent*, Douclev sets out with her three-year-old daughter in tow to learn and practice parenting strategies from families in three of the world's most venerable communities: Maya families in Mexico, Inuit families above the Arctic Circle, and Hadzabe families in Tanzania. She sees that these cultures don't have the same problems with children that Western parents do. Most strikingly, parents build a relationship with young children that is vastly different from the one many Western parents develop—it's built on cooperation instead of control, trust instead of fear, and personalized needs instead of standardized development milestones. --

The Art of Raising a Resilient Child Anna C Partridge 2019-04-13 Building resilience in our children is a vital ingredient to nurturing our children's mental health. It is a challenging and changing time to be a parent with the introduction of technology, reduced exposure to risk, dwindling communities and pressure to always be perfect in an often busy and overwhelming world. This book provides solutions and ideas to raise children who are mentally, emotionally and physically resilient and who can navigate the ups and downs of life based on both the art and science of parenting. It gives practical ideas to start right away with your child along with ways to build habits, behaviours and expectations early on, raising your child to have a strong mind, brave heart and healthy body.

A Choice Theory Psychology Guide to Parenting Nancy Buck 2019-06-02 Parenting is the most important, terrifying and rewarding job you'll ever have. For better or worse, most of us learn how to do this job from our parents. But what if the example your parents set is not something you want to follow? In *A Choice Theory Psychology Guide to Parenting*, international child expert Dr. Nancy Buck offers readers a new and far more effective way to parent while maintaining a loving relationship with their sons and daughters. Parents and children have different agendas, children push for freedom while parents pull for safety. This push-pull relationship between parents and children starts at birth, and continues throughout childhood, adolescence and early adulthood. Rather than relying on the typical controlling, punishing, and relationship-destroying attempts to dominate children, Choice Theory psychology teaches you to follow the

instruction manual you and your offspring are born with. The result is happy, responsible children who want to maintain loving relationships with their parents. Great parents who follow this instruction manual raise great children.

Truth Nicole Randle 2021-05-20 Truth The art of raising stable style and secure children is a single parent playbook designed for parents raising children alone. Understanding the role of a parent is important in providing a foundation and environment for the child to build upon physically, mentally, spiritually and emotionally. The strategies will ensure you as a parent provide your child with a childhood they can look back on with a smile understand their parents action an inactions.

The Manly Art of Raising a Daughter Alan Migliorato 2018-12-19 Our Lord and Satan are in a fierce battle for the soul of your daughter. If God is to win, you must do your part as a man, leading her as the Good Shepherd leads us all. You've got to stop being an overworked, out-of-touch father, and become the firm but gentle leader of your home. In these honest and insightful pages – based on decades of his own experiences with his three daughters – author Alan Migliorato admits that it takes sustained efforts to learn the manly art of raising a daughter. But the reward is great, yielding just the kind of father-daughter relationship your daughter needs if she is to grow into a strong, well-balanced woman of faith. Among other things you'll learn here are: • How to repair a damaged relationship with your daughter – and even your wife • Why it's important to know your daughter's friends – and how to do it • How to teach your daughter to put God first in her life • The three things you must know about dealing with your daughter's boyfriend • How to teach your daughter to defend herself physically, emotionally, and spiritually • The five signs your daughter is addicted to social media – and what to do about it • The seven things you must do to be a manly man With the help of the wise advice in these pages, your daughter will grow holier, your marriage better, and your family happier – all because you've mastered the manly art of raising a daughter!

Simplicity Parenting Kim John Payne 2010-08-31 Today's busier, faster society is waging an undeclared war on childhood. With too much stuff, too many choices, and too little time, children can become anxious, have trouble with friends and school, or even be diagnosed with behavioral problems. Now internationally renowned family consultant Kim John Payne helps parents reclaim for their children the space and freedom that all kids need for their attention to deepen and their individuality to flourish. Simplicity Parenting offers inspiration, ideas, and a blueprint for change: • Streamline your home environment. Reduce the amount of toys, books, and clutter—as well as the lights, sounds, and general sensory overload. • Establish rhythms and rituals. Discover ways to ease daily tensions, create battle-free mealtimes and bedtimes, and tell if your child is overwhelmed. • Schedule a break in the schedule. Establish intervals of calm and connection in your child's daily torrent of constant doing. • Scale back on media and parental involvement. Manage your children's "screen time" to limit the endless deluge of information and stimulation. A manifesto for protecting the grace of childhood, Simplicity Parenting is an eloquent guide to bringing new rhythms to bear on the lifelong art of raising children.

The Artful Parent Jean Van't Hul 2013 Includes bibliographical references (p. 298-309) and index.

How Children Raise Parents Dan B. Allender 2005-02-15 Parenting with Humility...We often realize that we learn as much from our children as they learn from us. So why don't parents approach the task of child-rearing as a learning experience, rather than a mandate to make sure their kids succeed in life? To reduce the pressure and enjoy greater closeness in your family, turn your parenting upside-down by allowing God to use your children to help you grow up. Imagine what would happen if you began to prize what you're being taught by your children's quirks, failures, and normal childhood dilemmas, rather than worrying about whether you're doing everything right as a parent. Now you can let go of the pressure to make sure your children succeed, and instead learn to grow into spiritual maturity by listening to your children.

Black Belt Parenting Solomon Brenner 2003-01-01 self help for parents

Know Your Child Gurudev Sri Sri Ravi Shankar 2018-12-05 Raising children can be a big challenge. In this competitive world; we want our children to be successful? How do we measure success after all? And fulfilled life. In this book, His Holiness Sri Sri Ravi Shankar highlights simple points for parents and teachers, on raising children. These subtle cues go a long way in laying the foundation for children to grow into fine human beings- happy yet responsible, focused but wit a large perspective on life, having a strong character with the softness of human values.

The New Art of Raising Happy Kids Alyssa Shaffer 2020-07-14 Each day brings new tests and challenges - and incredible happiness as we watch our children grow from helpless newborn to independent teen. "THE ART OF RAISING HAPPY KIDS" can't provide all the answers, but it can help resolve some often biggest issues facing parents, from coping with the sniffles to navigating social media. Whether you're cradling an infant or getting ready to send you child off to college, the most important things is to enjoy the ride! Every parent wants their child to be happy, healthy and well adjusted. But in an ever-changing world, how do we do just that? In this book, experts in child development, pediatrics, psychology and social work provide simple, straightforward advice on how to help your child grow up to be a strong, caring individual. It includes information on what it takes to keep a child healthy, including the newest research on nutrition, sleep, exercise and development. It illustrates how to build strong family ties, including bolstering emotional intelligence, effective communication strategies, and why it's okay to let your child occasionally fail. Plus: Advice on navigating the world at large, from finding a balance with social media to coping with bullies and overcoming depression. Finally, developmental guidelines for every age, from newborns to teens, help the reader navigate the changes a child will face. Parenting can be a challenge, and this book is here to make the journey a little bit easier.

Achtung Baby Sara Zaske 2018-01-02

Summary & Analysis of Hunt, Gather, Parent SNAP Summaries PLEASE NOTE: This is a summary and analysis of the book and not the original book. SNAP Summaries is wholly responsible for this content and is not associated with the original author in any way. If you are the author, publisher, or representative of the original work, please contact info[at]snapsummaries[dot]com with any questions or concerns. In Hunt, Gather, Parent, Michaeleen Doucleff explores why raising kids is so hard today and offers time-tested strategies that parents can use to make their lives easier and get their children to be more cooperative and confident. What does this SNAP Summary Include? - Synopsis of the original book - Key takeaways from each chapter - How Western parenting differs from other styles of parenting around the world - Ways to motivate children that are more effective than praise and rewards - Tools to transmit desirable values and behaviors - Editorial Review - Background on Michaeleen Doucleff About the Original Book: Many Western parents would not imagine not praising, rewarding or punishing their children, not buying them toys, or leaving them to sleep on their own schedules. Yet this is the norm in many indigenous communities around the world, and the children raised this way turn out to be more helpful and self-assured than their Western counterparts. Drawing from science, her experiences as a mother, and her observations living within indigenous communities in Mexico, Tanzania, and the Arctic, Michaeleen Doucleff explains how parents can get their children to do chores voluntarily, behave appropriately, and grow into kind and self-sufficient people. Any parent who feels exhausted or defeated by all the work and yelling they have to do at home will find Hunt, Gather, Parent a handy guide to reclaiming their life. DISCLAIMER: This book is intended as a companion to, not a replacement for, Hunt, Gather, Parent. SNAP Summaries is wholly responsible for this content and is not associated with the original author in any way. If you are the author, publisher, or representative of the original work, please contact info[at]snapsummaries.com with any questions or concerns.

The Artist's Way for Parents Julia Cameron 2013-08-15 For years, Julia Cameron was asked by devotees of The Artist's Way if she would consider writing a manual for children, so that they too could experience the same transformative experience of discovering their creativity. As her daughter begins to have children herself, Julia turned back to her own techniques, and those of her hundreds of clients, for how to bring about a more open, creative, grounded childhood, one that leads to a fulfilled adulthood. As Julia says, 'Parenting is a great adventure. Awakening your child's sense of curiosity and wonder helps you to awaken your own. Awakening your own sense of curiosity and wonder helps you awaken your child's.' Julia Cameron's techniques for creativity will quickly show you how: • Exercising creativity, alone and together, strengthens the bond between parent and child • How creativity can guide your child to an expansive and adventurous life • How your child can learn to understand their emotions, spend time playing away from screens, become more socially able and independent

The Innovative Parent Erica Curtis 2019-04-15 Even the best talk-based practices in parenting can be limiting. How can art help parents temper storms of emotion, defuse sibling conflicts, get teeth brushed,

and raise happy, successful kids? In *The Innovative Parent*, Erica Curtis and Ping Ho integrate cutting-edge research, years of clinical expertise, and their own parenting experience into a revolutionary yet practical guide to creative parenting. Plentiful illustrations and anecdotes bring concepts to life and show art in action with kids and parents. Together, Curtis and Ho let parents in on art therapy trade secrets to help children make sense of emotions, build connections with others, develop problem-solving skills, resolve day-to-day conflicts, process and retain information, confront fears and anxiety, and much more. These are complex tasks for something as seemingly simple as making art, yet therein lies the beauty of *The Innovative Parent*: its down-to-earth approach is simple, doable, and fun.

I Like My Parents Kevin Graves 2018-04-02 "Your kids are awesome! I don't know how many times my wife and I have heard this over the years..." The Graves did not plan to have seven kids before they got married. Sure, they both loved kids, and they had both come from big families. Joyce had been a teacher, and Kevin had run children's camps, so children were an important part of their dream of building a life together. But it was only after they started having children that they realized how fun it could be. Then they didn't want to stop! As parents struggle to build happy homes and raise successful children, *I LIKE My Parents!* offers practical guidance and examples of how you can nurture the kinds of qualities in your children to make them awesome too. Author Kevin Graves explores what it looks like when a child's heart truly turns back to his or her parents, and offers a roadmap of how to get there. With input from his and other successful children on what worked for them in every chapter, *I LIKE My Parents!* gives fresh ideas of how you can build the kind of home that's contagious and brimming with positive energy. With a little help, you may even find people saying "Your kids are awesome" too.

The Art of Raising an Artist Lilia Sixtos 2020-08-18 *The Art of Raising an Artist* guides parents in helping their children explore the world of acting and ultimately invest in their child's future. Actor and director, Lilia Sixtos has seen thousands of auditions and taught hundreds of artists. By raising her two creative children, she has learned every possible way a creative person's journey can be helped or hindered by their parents. In *The Art of Raising an Artist*, she shows parents how to: Identify the best training they can provide for their child within their means Develop a safe and loving space for the challenges of their child's journey Create the support team their child needs Find their child's niche Fit the needs of their child's career with the needs of the whole family

Parenting Shekhar Seshadri 2012 Parenting has never been as tough as it is today. Modern life has excessive distractions, excessive independence, excessive materialism and diminishing spiritual values. This has made parenting complex enough for parents to wake up to the fact that it is time to seek help. This easy read will help parents to find answers to the questions that come up at various stages in the intriguing journey of raising children, the inevitable consequence of which is growing up along with them!

Horizontal Parenting Michelle Woo 2021-10-11 Need a break . . . now? *Horizontal Parenting* offers 50 hilarious and effective activities designed to entertain kids while you lie down. Children are exhausting! In the marathon of modern parenting, everyone needs a break—just 10 precious minutes to rest your body and tune out the chaos. Enter *Horizontal Parenting*, the super-simple parenting hack for everyone, everywhere. With creative and practical advice for overworked parents and caretakers who "just need a minute," this book includes 50 fun, effective, and hilarious games to play with toddlers and children while lying down. Activities include: • What's on My Butt • Hide and Seek-ish • Don't Wake the Giant • Railroad to Relaxation • And many more! Relax and let your little ones release some energy while you catch your breath (and maybe a few even a few z's). All you need is a comfortable surface, a few household items, and your child's imagination, and you too can master the sanity-saving art of horizontal parenting. • 50 activities to keep your kids engaged and keep you lying down • Entertaining ideas for children and toddlers • No endless supply lists, screens, or batteries needed • Perfect for long days at home • Great gift for new (or seasoned!) parents Perfect for: parents, grandparents, aunts, uncles, and caretakers of kids ages 2+

The Unlikely Art of Parental Pressure Dr. Christopher Thurber 2021-07-20 *The Right Kind of Parental Pressure Puts Kids on a Path to Success. The Wrong Kind Can Be Disastrous.* Level up your parenting with this positive approach to pushing your child to be their best self. Parents instinctively push their kids to succeed. Yet well-meaning parents can put soul-crushing pressure on kids, leading to under-performance and serious mental health problems instead of social, emotional, and academic success. So where are they

going astray? According to Drs. Chris Thurber and Hendrie Weisinger, it all comes down to asking the right question. Instead of "How much pressure?", you should be thinking "How do I apply pressure?" *The Unlikely Art of Parental Pressure* addresses the biggest parenting dilemma of all time: how to push kids to succeed and find happiness in a challenging world without pushing them too far. The solution lies in Thurber and Weisinger's eight methods for transforming harmful pressure to healthy pressure. Each transformation is enlivened by case studies, grounded in research, and fueled by practical strategies that you can start using right away. By upending conventional wisdom, Thurber and Weisinger provide you with the revolutionary guide you need to nurture motivation, improve your interactions with your child, build deep connections, sidestep cultural pitfalls, and, ultimately, help your kids become their best selves.

Parenting with Presence Susan Stiffelman, MFT 2015-04-20 Our children can be our greatest teachers. Parenting expert Susan Stiffelman writes that the very behaviors that push our buttons — refusing to cooperate or ignoring our requests — can help us build awareness and shed old patterns, allowing us to raise our children with greater ease and enjoyment. Filled with practical advice, powerful exercises, and fascinating stories from her clinical work, *Parenting with Presence* teaches us how to become the parents we most want to be while raising confident, caring children. "Shows parents how they can transform parenting into a spiritual practice." — Eckhart Tolle, author of *The Power of Now* "Clear, wise, soulful, and poetic." — Alanis Morissette

Decoding Boys Cara Natterson 2021-02-09 "If you're raising a boy, you need this brilliant book. It is clear, wise, and eye-opening." —Lisa Damour, Ph.D., author of *Untangled* When boys enter puberty, they tend to get quiet—or at least quieter than before—and parents often misread their signals. Here's how to navigate their retreat and steer them through this confusing passage, by the bestselling author of *The Care and Keeping of You* series and *Guy Stuff: The Body Book for Boys*. What is my son doing behind his constantly closed door? What's with his curt responses, impulsiveness, newfound obsession with gaming, and . . . that funky smell? As pediatrician and mother of two teenagers Cara Natterson explains, puberty starts in boys long before any visible signs appear, and that causes confusion about their changing temperaments for boys and parents alike. Often, they also grow quieter as they grow taller, which leads to less parent-child communication. But, as Natterson warns in *Decoding Boys*, we respect their increasing "need" for privacy, monosyllabic conversations, and alone time at their peril. Explaining how modern culture mixes badly with male adolescent biology, Natterson offers science, strategies, scripts, and tips for getting it right: • recognizing the first signs of puberty and talking to our sons about the wide range of "normal" through the whole developmental process • why teenagers make irrational decisions even though they look mature—and how to steer them toward better choices • managing video game and screen time, including discussing the unrealistic and dangerous nature of pornography • why boys need emotional and physical contact with parents—and how to give it in ways they'll accept • how to prepare boys to resist both old and new social pressures—drugs, alcohol, vaping, and sexting • teaching consent and sensitivity in the #MeToo culture *Decoding Boys* is a powerful and validating lifeline, a book that will help today's parents keep their sons safe, healthy, and resilient, as well as ensure they will become emotionally secure young men. Praise for *Decoding Boys* "Comforting . . . a common-sensical and gently humorous exploration of male puberty's many trials." —Kirkus Reviews

The Art of Parenting Dennis Rainey 2018-08-21 From *Marriage and Family Experts* Dennis and Barbara Rainey Dennis and Barbara Rainey have spent decades helping families find biblical help to strengthen and transform family relationships. Through radio broadcasts, conferences, and other events, they have been teaching on the foundations necessary for building godly families. Now they bring insights and expertise gleaned from those years of ministry, as well as from their own personal experience of raising six children, to *The Art of Parenting*. Expanding on parenting themes shared with FamilyLife audiences in person and on the radio, Dennis and Barbara offer trusted advice on how to establish Christian values in your home. In *The Art of Parenting*, Dennis and Barbara will help you to experience God's truth and apply his Word in your family by focusing your attention on four crucial elements in your children's lives: 1. Identity--understanding who they are in Christ 2. Character--learning to live wisely and honorably 3. Relationships--fostering godly connections with others 4. Mission--understanding why they are here When you apply biblical truths in these four areas, you can feel confident your children will have a foundation they can build

upon for the rest of their lives.

How to Raise a Wild Child Scott D. Sampson 2015 The beloved host of PBS Kids' Dinosaur Train presents an activity-complemented guide for caregivers and teachers on how to alleviate common childhood challenges by forging strong connections between children and nature. 25,000 first printing.

The Tao of Parenting Greta K. Nagel 1998-11-01 Applying the ancient yet timeless 81 principles of Taoism to parenting, The Tao Of Parenting features instructive anecdotes from four families to demonstrate how Taoist teachings help parents raise good, healthy children. The stories are just as diverse as the families who tell them (a blended family featuring children from separate marriages, a couple with different cultural and ethical backgrounds, a single parent of twin boys, and a couple with different parenting techniques learning to compromise). Some of the Taoist principles used by these families include: *Do Not Think of Self. Shows the rewards parents receive by making their children their number one priority. *The material is fleeting, the spiritual is everlasting. Demonstrates the rewards of caring for those in need. *Do Not Be Authoritarian. Shows how to foster self-reliance and responsibility in children while supporting their efforts, rather than controlling their every move. *Follow the middle road; it is the heart of knowing. Offers the benefits of parents being neither too permissive or too strict, but rather adjusting the rules for each child and each circumstance. There are many more valuable lessons in this special book which can be used by parents of all faiths to help guide their lives and those of their children.

Raising Dad Art Rainer 2007-05 The truth that parents learn as much from their children as their children learn from them is poignantly captured in this book by father and son.

The Artful Parent Jean Van't Hul 2019-06-11 Bring out your child's creativity and imagination with more than 60 artful activities in this completely revised and updated edition Art making is a wonderful way for young children to tap into their imagination, deepen their creativity, and explore new materials, all while strengthening their fine motor skills and developing self-confidence. The Artful Parent has all the tools and information you need to encourage creative activities for ages one to eight. From setting up a studio space in your home to finding the best art materials for children, this book gives you all the information you need to get started. You'll learn how to: * Pick the best materials for your child's age and learn to make your very own * Prepare art activities to ease children through transitions, engage the most energetic of kids, entertain small groups, and more * Encourage artful living through everyday activities * Foster a love of creativity in your family

Parenting As an Art Thanh Cherry 2016-06-08 Parenting as an Art is a guide for those wanting to creatively support their children on the amazing journey in the first seven years of life. Parenting as an Art provides practical and creative advice and inspiration for parents. The premise of this book is that all children are amazing and that by embracing a creative, caring and connected approach as outlined in this book, parents will discover the creative art of helping their children to realise their extraordinary potential. Written by renowned early childhood educator Thanh Cherry, Thanh draws upon her extensive wisdom and experience of thirty five years as a Waldorf/Steiner early childhood teacher and international educator and teacher trainer. Co-creator Jane Hanckel, author of Growing Greener Children, has developed a set of action based parenting programs and resources, utilising the principles contained in this book, that have helped transform the lives of children and families from some of the most disadvantaged communities in Australia.

Raising Boys Steve Biddulph 2013-01-16 A friendly and practical guide to the stages and issues in boys'—? development from birth to manhood. From award-winning psychologist Steve Biddulph comes an expanded and updated edition of RAISING BOYS, his international best seller published in 14 countries. His complete guide for parents, educators, and relatives includes chapters on testosterone, sports, and how boys' and girls' brains differ. With gentle humor and proven wisdom, RAISING BOYS focuses on boys' unique developmental needs to help them be happy and healthy at every stage of life.

Achtung Baby Sara Zaske 2018-01-02 An Entertaining, Enlightening Look at the Art of Raising Self-Reliant, Independent Children Based on One American Mom's Experiences in Germany An NPR "Staff Pick" and One of the NPR Book Concierge's "Best Books of the Year" When Sara Zaske moved from Oregon to Berlin with her husband and toddler, she knew the transition would be challenging, especially when she became pregnant with her second child. She was surprised to discover that German parents give their children a

great deal of freedom—much more than Americans. In Berlin, kids walk to school by themselves, ride the subway alone, cut food with sharp knives, and even play with fire. German parents did not share her fears, and their children were thriving. Was she doing the opposite of what she intended, which was to raise capable children? Why was parenting culture so different in the States? Through her own family's often funny experiences as well as interviews with other parents, teachers, and experts, Zaske shares the many unexpected parenting lessons she learned from living in Germany. Achtung Baby reveals that today's Germans know something that American parents don't (or have perhaps forgotten) about raising kids with "selbständigkeit" (self-reliance), and provides practical examples American parents can use to give their own children the freedom they need to grow into responsible, independent adults.

Little Sprouts and the Dao of Parenting: Ancient Chinese Philosophy and the Art of Raising Mindful, Resilient, and Compassionate Kids Erin Cline 2020-04-21 "A brilliant book, overflowing with wisdom." —Philip J. Ivanhoe, author of Confucian Reflections The ancient Chinese philosopher Mencius compared children to tender sprouts, shaped by soil, sunlight, water, and the efforts of patient gardeners. At times children require our protection, other times we must take a step back and allow them to grow. A practical parenting manual, philosophical reflection on the relationship between parent and child, and necessary response to modern stereotypes of Eastern parenting, Little Sprouts and the Dao of Parenting reconsiders cultural definitions of success and explores how we might support and nourish young people. Engaging deeply with foundational Daoist and Confucian thinkers, philosopher Erin Cline shows how we can strengthen innate virtues of compassion, generosity, and individuality in our own tender sprouts.

Parents Who Lead Stewart D. Friedman 2020-03-10 How working parents can lead more purposeful lives, characterized by harmony, connection, and impact. Parents in today's fast-paced, disorienting world can easily lose track of who they are and what really matters most. But it doesn't have to be this way. As a parent, you can harness the powerful science of leadership in order to thrive in all aspects of your life. Drawing on the principles of his book Total Leadership—a bestseller and popular leadership development program used in organizations worldwide—and on their experience as researchers, educators, consultants, coaches, and parents, Stew Friedman and coauthor Alyssa Westring offer a robust, proven method that will help you gain a greater sense of purpose and control. It includes tools illustrated with compelling examples from the lives of real working parents that show you how to: Design a future based on your core values Engage with your children in fresh, meaningful ways Cultivate a community of caregiving and support, in all parts of your life Experiment to discover better ways to live and work Powerful, practical, and indispensable, Parents Who Lead is the guide you need to forge a better future, foster meaningful and mutually rewarding relationships, and design sustainable solutions for creating a richer life for yourself, your children, and your world. For more information, visit ParentsWhoLead.net.

Character Britton Latulippe 2020-12-07 Yes, your kids can count, but can they muster courage? They can read, but can they persist? They can write, but can they tell the truth—the whole truth? They know a lot, but are they wise? These are important questions to answer because in the world of raising children for greatness, character is king. Character will rule over your children for the rest of their lives. But great character will not form in your child's heart on its own. And unlike academics, character cannot be properly developed by reading textbooks or listening to lectures in a classroom. It won't happen in an afternoon. It is not a class followed by a final exam. Character is a way of life. The lessons begin when your children wake and end when they fall asleep, from the time they are young, until they are old. And training character requires much wisdom. But there is little wisdom practiced today. Contemporary "experts" have replaced truth with progressive theory, ignoring all the great Christian virtues except kindness and tolerance, and yet, modern children can hardly be described even as such. In this age of school shootings and mass bullying, the modern world has proved it is no better at training children's character than it is at educating them. The Art of Raising Children for Greatness: Character has the wisdom parents so desperately need. It is the wisdom of the great tutors and families of old and the elite prep schools of today, whose children have gone on to shape and rule the world. Read this book—your children's character depends on it.

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